



## Ontario's Provincial Electronic Health Record (EHR)

The province of Ontario has a secure [electronic health records](#) (EHR) system that contains a digital record of your health information. This system lets your care team quickly see important health information about you, whenever and wherever you need care.

### What information is shared:

When you receive care at Headwaters Health Care Centre, some information from your visit is shared with Ontario's health record system, such as:

- Why you came to the hospital and what happened during your stay (for example, emergency visits, admissions, and discharge notes)
- Reports from any X-rays, CT scans, or MRIs you had
- Lab test results

Your information in the EHR can be seen by other clinicians in Ontario who are helping with your care, especially if you go to a different hospital or clinic. This helps make sure you get safe and coordinated care.

### Your privacy choices:

Under Ontario law, you have the right to restrict access to your information in the provincial EHR. This is called a "consent directive".

### Recent update (effective February 13, 2026):

Ontario Health has made changes to how you can control your privacy. Now, you can:

- Restrict access to all records from a certain part of your health records (like hospital visits or imaging reports), or
- Restrict access to everything in your provincial health record, including future records.

If you already blocked hospital or imaging records, those privacy settings now protect all records in those areas. Lab and medication records are managed separately.

### Important to know:

Placing a consent directive does not delete your information from the EHR, and new information will continue to be added. Restricting access may limit the information available to your care team and could affect your care in some situations.

### How to place or change a consent directive:

Consent Directives in the EHR are managed directly by the Ontario Health, not by Headwaters Health Care Centre.

You can request, change, or remove a consent directive by contacting Ontario Health directly through their website: <https://consentform.ontariohealth.ca/> or by contacting the Ontario Health Privacy Office at: Phone: 416-946-4767 or 1-888-411-7742 Or Email: OH-DS\_privacy@ontariohealth.